

Materials List for Four-Ways to Begin a Painting

- A **kit** is available to rent (instead of buying all the supplies) for \$20 for the duration of the class. A description of its contents is at the end of this document.
- Please **review** the materials list - the Art Store does not carry everything, but you can find all of these things online at Blick, Cheap Joe's, Jerry's Artarama, and Amazon among others.
- Also, feel free to bring other things that inspire you, or anything you would like to “show and tell” for the class such as favorite artists or paintings.
- The **kind of paper** we will use is very important – There will be some you can purchase during class at cost. A full 22” x 30” sheet of Lanaquarelle is \$8.50, and a 11” x 15” quarter sheet is \$2.25. Please reach out with any questions to lucie_wellner@yahoo.com.

Reference

1. Photos

Bring printed photos of anything that is exciting or meaningful to you. Here are some guidelines:

1. Try to bring your own photo. Keep in mind, it's just a reference, so the painting doesn't have to match it exactly. The painting is the end result, and that's the image that matters.
2. Crop the photo down in order to simplify it. Think about what to leave out, and how to focus attention on the important parts.

2. Studies

Make a value study that includes at least 5 values (including white and black). Try to simplify the subject to 5 large shapes (of course, there will be more details contained within those shapes).

Try a color study to test out color combinations.

3. Color References

Bring a few favorite color combinations to use as references. These could be paint chips, a piece of fabric, magazine photos, or anything that has appealing color. These will come in handy when we create abstract paintings.

Prepared Drawings

If you would like to maximize painting time, you will best be served if you bring prepared drawings on watercolor paper for most sessions. If you would like to review what to draw, bring your ideas to the first session so we can discuss them.

Drawing Supplies

1. Sketching paper – please bring sketching paper on which you can make a value sketch using pencil.
2. Soft pencil suitable for quickly shading
3. Eraser: Kneaded erasers are good on watercolor paper because they don't tear it up

Painting Supplies

1. Sturdy, **waterproof** board on which to mount watercolor paper.

- Gatorboard works well and can be obtained at a sign shop.
- Size should be at least 12x16.
- To make any board waterproof, you can cover it in clear packing tape.
- Bring something that you can use to prop up your board at an angle – only needs to be 3-5 inches.
- A **sturdy board** is best.

2. Watercolor paper: Arches 140 pound **cold press** or similar 100% cotton rag paper.

- Anything less quality than this will not be suitable (hot press is difficult to use).
- I'll have single sheets of Lanaquarelle that you can buy during class at cost (about \$8.50 for a full sheet, \$2.25 for a quarter sheet) if you have trouble finding good paper.
- Bring extra for color studies and practice paintings. Don't be afraid to use "good" paper! It means you're making art.

3. Two **large** water containers for rinsing brushes (big yogurt containers work well)

4. Absorbent lint-free rags or paper towels such as Bounty, and box of tissues for lifting.

5. Masking Tape (white or off-white) to attach the paper to the board.

- You can use painter's tape, but if it's a color, it will need to be covered with white or off-white masking tape.

6. Brushes

- Bring any brushes you have, but if you need to purchase brushes, please buy a few good quality watercolor brushes. ***If you're not sure, email Lucie to get some ideas.***
- A good starting point is a large, medium and small "round" watercolor brush. Watercolor brushes ideally are very soft for the purpose of layering color without lifting what was previously painted.
- **Recommended:** Solo Horton 2105 Professional Red Sable Watercolor Brush – round (sizes 8, 4, and 1 would be a great start).
<https://www.solobrushes.com/products/2105-professional-red-sable-water-color-brush-466/>
- For other shapes and sizes, the Princeton Neptune Series 4750 Synthetic Squirrel Brushes are a good value. If the budget allows, squirrel mop brushes are useful, as well as flat wash brushes.
- We'll be using big brushes for some of the techniques. There are some affordable, big synthetic brushes available at Joann or elsewhere.

7. Watercolor paints

Demos will be done using Winsor Newton and Daniel Smith tubes.

- Using watercolors from a tube is conducive to painting wet-in-wet; if possible, please bring tubes of paints as opposed to a pan set. A lidded palette is useful for holding the squeezed-out paints.
- Having said that, bring what you have (*Talens or Prang Watercolor Pan Set can get you up and running.*) and if you need to purchase paint, below are some recommendations as a start:
- *Winsor Newton Professional Watercolor Tubes* (email Lucie for **more** recommended colors)

Essential

Cobalt Blue
Permanent Rose
Lemon Yellow Deep, or
Daniel Smith Hansa Yellow
Medium

Useful

Winsor Blue Red Shade
French Ultramarine

Useful (cont.)

Cobalt Turquoise
Winsor Green Red Shade
Green Gold
Brown Madder

Extras

Opera Rose
Winsor Violet
Transparent Orange
Transparent Yellow

8. A white mixing area is important for mixing colors.

- My favorite is a white enamel butcher tray (I'll often use several when I'm painting in the studio). White ceramic plates work well.
- Other plastic palettes are also good; just keep in mind that it's convenient to have a **large area** for mixing colors. If you can bring more than one, you can mix cool colors on one, and warm colors on the other.

9. (*Optional*) Permanent White Gouache (not acrylic gouache). Best one is Designer Gouache by Winsor Newton or Daler Rowney.

10. (*Optional*) Masking fluid or Molotow masking pen

11. (*Optional*) Color pencils

12. (*Optional*) Mary Whyte's instructional books are excellent. They have a lot of overlap, so just one of these is sufficient.

Watercolor for the Serious Beginner

Painting Portraits and Figures in Watercolor

Rental Kit

You may rent a kit directly from Lucie for \$20 for the duration of class. They need to be reserved in advance, and will be waiting for you the first day of class. Everything must be returned at the conclusion of the class, please. Below are the contents:

- One sheet of sketching paper (there's paper at the barn that can be used in addition)
- Kneaded eraser
- Soft pencil
- Mounting board
- One 11x15" sheet of Lanaquarelle watercolor paper (there will be more paper on hand to purchase)
- Masking tape
- Two water containers
- Paper towels/Kleenex
- 4 brushes (plus there are other shared brushes that can be borrowed during class)
- A palette loaded with 10 paint colors – more paint can be added as it gets used up.
- Enamel Butcher tray

The two recommended books will be available for you to look through, as well as gouache and color pencils.