

## Materials List

- Please **review** the materials list - the Art Store does not carry everything, but you can find all of these things online at Blick, Cheap Joe's, Jerry's Artarama, and Amazon among others.

Also, feel free to bring other things that inspire you, or anything you would like to “show and tell” for the class.

- The **kind of paper** we will use is very important - I'll have some you can purchase at cost.

## Components of Your Still Life

### 1. Objects

- Collect some favorite objects with which to compose a still life. You may need more than one class to complete the painting, so don't be tempted by anything perishable.
- Try to think of a meaningful theme, as in: What would the title of the still life be? It can be memorabilia such as heirlooms or vacation souvenirs, favorite color theme, a clever phrase, or anything that appeals to you.
- Avoid pure, round shapes – these are quite challenging to draw accurately. If a perfectly round shape is part of the composition, then bring some extra things to break up the round shape.
- Keep the composition simple.

### 2. Backdrop

- Find a beautiful cloth that can drape and is a good color/texture for the theme of the still life. Bring a few if you're not sure. Fabric remnants at Joanne would work well.
- Find a way to support the fabric about 24” tall behind the still life, such as a table easel with sturdy cardboard or a big box.

### 3. Small pedestal

- Bring a box or some books to raise the still life up 6-8 inches. Also, bring a tray of some sort (can be a box) to keep your still life on a shelf at Carpenter's Barn between classes.

## Drawing Supplies

1. Sketching paper – please bring good quality sketching paper on which you can make a value sketch using pencil.
2. Soft pencil suitable for quickly shading
3. Eraser: Kneaded erasers are good on watercolor paper because they don't tear it up

## Painting Supplies

1. Sturdy, **waterproof** board to mount paper on with tape
  - Gatorboard works well and can be obtained at a sign shop.

- Size should be at least 12x16. To make your board waterproof, you can cover it in clear packing tape.
- Bring something that you can use to prop up your board at an angle – only needs to be 3-5 inches.
- A **sturdy board** is important for this class because you will need to prop it up almost vertically —resting on your lap and leaning on the table —when drawing from life. If you prefer to work from an easel, that would also work very well.

## 2. Watercolor paper: Arches 140 pound **cold press** or similar 100% cotton rag paper.

- Anything less quality than this will not be suitable (hot press is difficult to use).
- Single full sheets (22 x 30) are usually available at The Art Store and can be divided into 4.
- I'll have single sheets of Lanaquarelle that you can buy at cost (about \$8.50 for a full sheet, \$2.18 for a quarter sheet) if you have trouble finding good paper.

## 3. Two **large** water containers for rinsing brushes (big yogurt containers work well)

## 4. Absorbent lint-free rags or paper towels such as Bounty, and box of tissues for lifting.

## 5. Masking Tape (white or off-white) to attach the paper to the board.

- You can use painter's tape, but if it's a color, it will need to be covered with white or off-white masking tape.

## 6. Brushes

- Bring any brushes you have, but if you need to purchase brushes, please buy a few good quality watercolor brushes.
- A good starting point is a large, medium and small "round" watercolor brush. Watercolor brushes ideally are very soft for the purpose of layering color without lifting what was previously painted.
- **Recommended:** Solo Horton 2105 Professional Red Sable Watercolor Brush – round (sizes 8, 4, and 1 would be a great start).  
<https://www.solobrushes.com/products/2105-professional-red-sable-water-color-brush-466/>
- For other shapes and sizes, the Princeton Neptune Series 4750 Synthetic Squirrel Brushes are a good value. If the budget allows, squirrel mop brushes are useful, as well as flat wash brushes.
- ***If you're not sure, email Lucie to get some ideas.***

## 7. Watercolor paints

- My demos will be done using Winsor Newton tubes.

- Using watercolors from a tube is conducive to painting wet-in-wet; if possible, please bring tubes of paints as opposed to a pan set. Having said that, bring what you have, and if you need to purchase paint, here are some recommendations as a start:
- *Winsor Newton Professional Watercolor Tubes* (email Lucie for **more** recommended colors)
  - Cobalt Blue
  - Permanent Rose
  - Lemon Yellow Deep or Hansa Yellow Medium
  - Winsor Blue Red Shade
  - Brown Madder
  - Opera Rose

- *If you prefer a pan set, Talens or Prang Watercolor Pan Set can get you up and running.*

8. A white palette is important for mixing colors.

- My favorite is a white enamel butcher tray (I'll often have several on hand). A white ceramic plate works well.
- Other plastic palettes are also good; just keep in mind that it's convenient to have a **large area** for mixing colors. If you can bring more than one, you can mix cool colors on one, and warm colors on the other.

9. *(Optional)* Permanent White Gouache (not acrylic gouache). Best one is Designer Gouache by Winsor Newton or Daler Rowney.

10. *(Optional)* Color pencils

11. *(Optional)* Tracing Paper for transferring drawings

12. *(Optional)* Mary Whyte's instructional books cover the techniques we'll be using. They have a lot of overlap, so just one of these is sufficient.

## **Watercolor for the Serious Beginner**

### **Painting Portraits and Figures in Watercolor**